



As our body ages, so do our eyes. Our eyesight is affected by age due to the natural process of aging and by degenerative processes which can occur regardless of occupation, physical activity, or the use of our eyes.

In this brochure, the effects of aging and more common degenerative diseases are discussed briefly. For more information on particular diseases, check out other brochures that deal with specific problems.

A routine ocular examination by an ophthalmologist can detect most degenerative conditions associated with aging. 20/20 vision is not assurance of the absence of any eye problems. Many diseases can be treated or controlled before they result in complete and irremediable blindness.

The information contained herein is intended to enlighten the reader and is not meant to be comprehensive or act as a substitute for sound medical advice from a qualified ophthalmologist.

**While eye diseases may occur at any age,
there are age ranges when certain
diseases are more likely to manifest.**

AS TIME FLIES...

35 years and above	Glaucoma	More common with increasing age especially with family history and other risk factors
40 years and above	Presbyopia	Sooner in patients with hyperopia and later in those with myopia
65 years and above	Cataract	Can occur earlier especially those with other eye disease, using steroids, or have had eye surgery
65 years and above	Macular Degeneration	About 30% in this age group develop deterioration of the central retina
5 to 15 years after diagnosis of Diabetes Mellitus	Diabetic Retinopathy	50% of diabetics eventually develop damage in the blood vessels of the retina
45 years and older	Dry Eye Syndrome	More common in women especially after menopause
45 years and older	Dermato-ch alasia	Depends on genetics, diet, smoking and sun exposure
40 years and above	Vitreous Floaters	Appear earlier in near sighted individuals

Multivitamins + Minerals

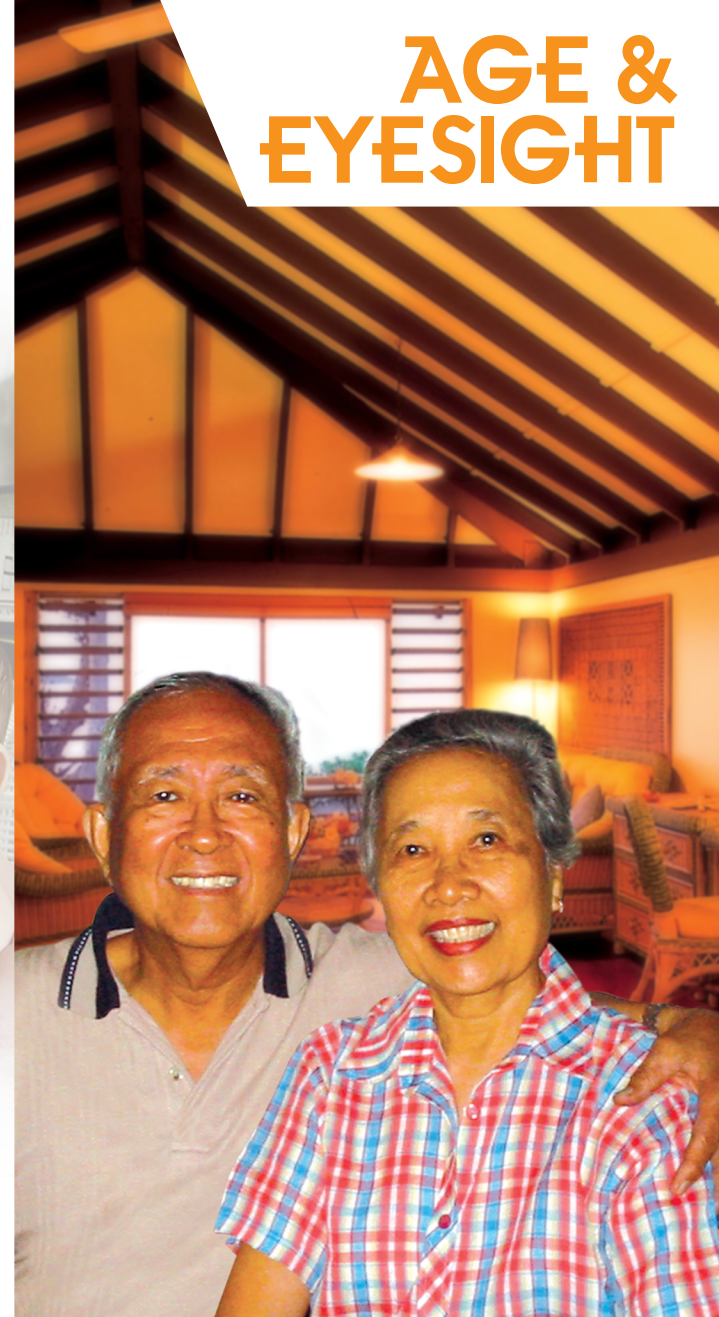


A Nutritional Breakthrough in the prevention of AMD and Cataracts

Full prescribing information available from:
NOVARTIS HEALTHCARE PHILS., INC.

Asian Reinsurance Bldg., Salcedo cor Gamboa Sts., Legaspi Village,
Makati City 1229 Tel No. 8159371 Fax No. 8138725

AGE & EYESIGHT



Cataract & Glaucoma Center

G/F Belson House 271 EDSA
(near Connecticut Street) Mandaluyong City
Tel: 7217135/7216412 www.eye-gsc.com

